

8th International Conference on Traditional and Alternative Medicine

- London, UK
- May 19–20, 2026

DAY 1 – Tuesday, May 19, 2026

Theme: Modernization of Traditional & Integrative Medicine

08:00 – 09:00 | Registration & Networking Breakfast

09:00 – 10:30 | Opening & Keynote Session

Chair: Conference Chairperson

Time	Presentation
09:00 – 09:15	Opening Ceremony & Welcome Address
09:15 – 10:00	Keynote 1: <i>Artificial Intelligence and Digital Tools in Evidence-Based Traditional Medicine</i>
10:00 – 10:30	Keynote 2: <i>Integrative Medicine in Global Healthcare Systems: 2026 Outlook</i>

10:30 – 10:45 | Coffee Break

10:45 – 13:00 | General Session I: Advanced Herbal & Natural Product Research

Time	Presentation
10:45 – 11:00	AI-Driven Discovery of Bioactive Compounds from Medicinal Plants
11:00 – 11:15	Metabolomics in Standardization of Herbal Medicines
11:15 – 11:30	Nanotechnology-Based Delivery Systems for Herbal Drugs
11:30 – 11:45	Genomic Authentication of Medicinal Plants
11:45 – 12:00	Sustainable and Climate-Resilient Medicinal Plant Cultivation
12:00 – 12:15	Phytochemicals Targeting Neurodegenerative Disorders

Time	Presentation
12:15 – 12:30	Regulatory Challenges in Global Herbal Drug Approval
12:30 – 13:00	Panel Discussion & Q&A

13:00 – 14:00 | Lunch Break

14:00 – 15:30 | General Session II: Integrative & Precision Medicine

Time	Presentation
14:00 – 14:15	Precision Medicine Approaches in Ayurveda and TCM
14:15 – 14:30	Integrative Oncology: Complementary Therapies in Cancer Care
14:30 – 14:45	Role of Gut Microbiome in Traditional Medicine Therapies
14:45 – 15:00	Personalized Nutrition Based on Traditional Medical Systems
15:00 – 15:15	Wearable Technologies for Monitoring Integrative Treatments
15:15 – 15:30	Evidence-Based Integrative Pain Management

15:30 – 15:45 | Refreshment Break

15:45 – 17:00 | Workshop Session I

Time	Workshop
15:45 – 16:30	Workshop: Clinical Trial Design for Traditional & Complementary Medicine
16:30 – 17:00	Hands-on Session: Digital Databases for Herbal Drug Research

17:00 – 18:00 | Poster Session I

Topics Include:

- AI in Herbal Pharmacology
 - Integrative Mental Health Therapies
 - Ethnopharmacology & Indigenous Knowledge
 - Blockchain for Herbal Supply Chain Traceability
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DAY 2 – Wednesday, May 20, 2026

Theme: Innovation, Safety & Global Integration

08:30 – 09:30 | Networking Breakfast

09:30 – 11:00 | Keynote Session II

Time	Presentation
09:30 – 10:15	Keynote 3: <i>Systems Biology and Traditional Medicine: Bridging Ancient Wisdom with Omics Science</i>
10:15 – 11:00	Keynote 4: <i>Global Safety, Quality, and Policy Frameworks for Alternative Medicine</i>

11:00 – 11:15 | Coffee Break

11:15 – 13:30 | General Session III: Mental Health, Lifestyle & Preventive Medicine

Time	Presentation
11:15 – 11:30	Digital Mindfulness and Meditation Therapies
11:30 – 11:45	Integrative Approaches to Anxiety and Depression
11:45 – 12:00	Yoga, Breathwork & Neuroplasticity
12:00 – 12:15	Lifestyle Medicine Inspired by Traditional Systems
12:15 – 12:30	Traditional Medicine in Sleep and Circadian Health
12:30 – 12:45	Mobile Health Apps for Integrative Wellness
12:45 – 13:00	Preventive Cardiology through Integrative Therapies
13:00 – 13:30	Panel Discussion

13:30 – 14:30 | Lunch Break

14:30 – 15:45 | General Session IV: Safety, Ethics & Future Trends

Time	Presentation
14:30 – 14:45	Herb–Drug Interactions: Predictive Modeling
14:45 – 15:00	Pharmacovigilance in Traditional Medicine
15:00 – 15:15	Ethical Integration of Indigenous Knowledge
15:15 – 15:30	AI-Guided Personalized Integrative Therapy
15:30 – 15:45	Future Trends in Global Integrative Healthcare

15:45 – 16:00 | Refreshment Break

16:00 – 17:00 | Workshop Session II

Time	Workshop
16:00 – 16:30	Workshop: Regulatory Approval & Market Access for Herbal Products
16:30 – 17:00	Workshop: Publishing High-Impact Research in Integrative Medicine

17:00 – 17:30 | Poster Session II

17:30 – 18:00 | Awards & Closing Ceremony

- Best Oral Presentation Award
- Best Poster Presentation Award
- Young Researcher Award
- Conference Closing Remarks