

07th International Conference on Sports Medicine and Physiotherapy

London, UK
 May 19–20, 2026

DAY 1 – Tuesday, May 19, 2026

Theme: Innovation & Performance Optimization in Sports Medicine

08:00 – 09:00 | Registration & Networking Breakfast

09:00 – 10:30 | Opening Ceremony & Keynote Session I

Time	Presentation
09:00 – 09:15	Opening Ceremony & Welcome Address
09:15 – 10:00	Keynote 1: <i>Artificial Intelligence in Sports Injury Prediction and Prevention</i>
10:00 – 10:30	Keynote 2: <i>Future of Elite Athlete Care: Precision Sports Medicine</i>

10:30 – 10:45 | Coffee Break

10:45 – 13:00 | General Session I: Advanced Sports Injury Management

Time	Presentation
10:45 – 11:00	Machine Learning Models for Injury Risk Assessment
11:00 – 11:15	Regenerative Medicine in Sports: PRP and Stem Cell Therapies
11:15 – 11:30	Ultrasound-Guided Rehabilitation Techniques
11:30 – 11:45	Biomechanics-Driven ACL Injury Prevention
11:45 – 12:00	Wearable Sensors for Real-Time Injury Monitoring
12:00 – 12:15	Return-to-Play Algorithms After Musculoskeletal Injury
12:15 – 12:30	Sports Concussion: Latest Diagnostic Tools
12:30 – 13:00	Panel Discussion & Q&A

13:00 – 14:00 | Lunch Break

14:00 – 15:30 | General Session II: Performance, Recovery & Rehabilitation

Time	Presentation
14:00 – 14:15	Neuromuscular Training for Performance Optimization
14:15 – 14:30	Blood Flow Restriction Training in Rehabilitation
14:30 – 14:45	AI-Assisted Physiotherapy Rehabilitation Programs
14:45 – 15:00	Cryotherapy and Thermotherapy: Evidence Update
15:00 – 15:15	Sports Nutrition Strategies for Injury Recovery
15:15 – 15:30	Virtual Reality in Sports Rehabilitation

15:30 – 15:45 | Refreshment Break

15:45 – 17:00 | Workshop Session I

Time	Workshop
15:45 – 16:30	Workshop: Advanced Taping, Bracing & Kinesiology Techniques
16:30 – 17:00	Hands-on Workshop: Movement Analysis Using Wearable Tech

17:00 – 18:00 | Poster Session I

Poster Themes:

- Smart Wearables in Sports Medicine
- Injury Prevention in Youth Athletes
- Robotics in Physiotherapy
- AI-Based Motion Analysis

DAY 2 – Wednesday, May 20, 2026

Theme: Digital Health, Ethics & Future Sports Healthcare

08:30 – 09:30 | Networking Breakfast

09:30 – 11:00 | Keynote Session II

Time	Presentation
09:30 – 10:15	Keynote 3: Digital Health and Tele-Rehabilitation in Sports Medicine
10:15 – 11:00	Keynote 4: Ethics, Data Security and Athlete Privacy in Smart Sports Medicine

11:00 – 11:15 | Coffee Break

11:15 – 13:30 | General Session III: Sports Physiotherapy & Rehabilitation Science

Time	Presentation
11:15 – 11:30	Robotics-Assisted Physiotherapy
11:30 – 11:45	Evidence-Based Management of Chronic Sports Injuries
11:45 – 12:00	Core Stability and Injury Prevention
12:00 – 12:15	Integrating Mental Health in Sports Rehabilitation
12:15 – 12:30	Functional Movement Screening 3.0
12:30 – 12:45	Gender-Specific Sports Injury Rehabilitation
12:45 – 13:00	Rehabilitation Protocols for Esports Athletes
13:00 – 13:30	Panel Discussion

13:30 – 14:30 | Lunch Break

14:30 – 15:45 | General Session IV: Future Trends & Preventive Sports Medicine

Time	Presentation
14:30 – 14:45	Predictive Analytics in Athlete Load Management
14:45 – 15:00	AI-Based Return-to-Play Decision Systems
15:00 – 15:15	Anti-Doping Technologies and Athlete Safety
15:15 – 15:30	Climate Change Impact on Athlete Health

Time	Presentation
15:30 – 15:45	Longevity and Career Extension in Professional Athletes

15:45 – 16:00 | Refreshment Break

16:00 – 17:00 | Workshop Session II

Time	Workshop
16:00 – 16:30	Workshop: Injury Prevention Programs for Elite Teams
16:30 – 17:00	Workshop: Publishing High-Impact Research in Sports Medicine

17:00 – 17:30 | Poster Session II

17:30 – 18:00 | Awards & Closing Ceremony

- Best Oral Presentation Award
- Best Poster Presentation Award
- Young Investigator Award
- Closing Remarks & Conference Conclusion